



MARCH 2015

# Dracut Council on Aging Newsletter

P: 978-957-2611

F: 978-957-6442

951 Mammoth Road, Dracut MA, 01826

[www.dracutma.gov/council-on-aging](http://www.dracutma.gov/council-on-aging)

## Senior Center Hours

Monday - Friday  
8:00 AM to 4:00 PM  
March 9<sup>th</sup> & 23<sup>rd</sup> until 6:00 PM

## COA Staff

### **Executive Director**

Bethany Loveless  
bloveless@dracutma.gov

### **Activities & Volunteer Coordinator**

Judy Gilbert  
jgilbert@dracutma.gov

### **Social Services Coordinator**

Donna Houston  
dhouston@dracutma.gov

### **Clerk/Bookkeeper**

Pat Cahill  
pcahill@dracutma.gov

### **Dispatcher**

Kathie Zabbo-Greenwood  
kgreenwood@dracutma.gov

**Bus Driver** - Anita Chartier

**Bus Driver** - Charleen Bennett

**Custodian** - Gertrude Frechette

**Custodian** - Bob Houston

**Meal Site Manager** - Debra Lasorsa

**Meal Site Aid** - Donna Campbell

## COA Board

Pat Merrill, Chairperson  
Ann Casey, Vice Chairperson  
Mary Jo Sudol, Treasurer  
Renee Espinola, Secretary  
William O'Neill  
Chet Pater  
Gerald Surprenant  
Lt. Mike Fleury  
Louis Darvirris  
Omer Matte  
Anna Collupy

## Director's Message

I want to thank everyone for bearing with us as we dealt with the roof leaks. We will be working with the insurance company to get everything put back to normal as soon as possible.

The Dracut Department of Public Works also deserves a huge thank you. They have been here for us each time we called to either open up parking spaces by using a loader to move and dump the snow into the woods, or scooping snow and ice from the piles against the building left after the roof was shoveled off. Other awesome members of our snow removal team include our custodians Gert and Bob as well as tax work off participant Paul Z. Paul helps Bob and Gert with the snow blowing of our doors and walkways and he also cleans the snow off our two buses.

Snow removal is just one of the options for those wishing to participate in the tax work off program. It is hard to believe, but there are still almost 10 slots left for people to earn up to \$500 off their property tax bill. Other options include cleaning, answering phones, stuffing mailings, filing here at the Senior Center or other offices, or tutoring students in the elementary schools. If you wished to take part in this program, I will work with you to find a position that you were interested in and felt comfortable with. Spread the word and help me fill these spots!

I also want to mention that a great way to get involved is to participate in our Council on Aging Meetings. Meetings are open to the public and the board looks for the feedback of our seniors when talking about the policies, procedures, and direction of the Senior Center. We also anticipate COA Board vacancies in the near future. Next COA Board meeting is Wednesday, March 18<sup>th</sup> at 2:30 PM.

Lastly, check out our new calendar page, or should I say pages! I have combined the activity calendar and the menu calendar to be a new, two page calendar spread. This allows us to increase the font size on the calendar, and gives us the room to increase the amount of activities we offer daily. Now, the lunch offering is listed daily at the 11:30 time, but just the main dish. A full menu, complete with nutritional information, will be available at the front desk or from the kitchen staff.

**I hope to see everyone enjoying the Irish Folk Singer on the 20<sup>th</sup>!**  
- Bethany



## Professional Services

Call the COA at 978-957-2611 to make an appointment with below services unless otherwise noted.

### SHINE

**Wednesday, March 25<sup>th</sup>**

Appointments with SHINE (Serving the Health Insurance Needs of Elders) Counselor Jill O'Sullivan for free, impartial health insurance information.

### Social Security Help

**Monday, March 23<sup>rd</sup>**

Appointments with retired Social Security volunteer, Kathy Gosselin, for advice and questions regarding SS benefits.

### Fuel Assistance

**Mondays, starting at 12:00 PM**

Claire Wuolle, a retired Fuel Assistance professional, takes appointments to assist seniors in applying for Fuel assistance.

### Representative Colleen Garry

**Monday, March 16<sup>th</sup> at 10:30 AM**

Rep Garry, or a staff member from her office, will be on hand to answer your questions, take feedback, and talk about state and local issues.

### Health Clinics

**Drop in: Thursdays, 1:30 to 3:45 PM**

**Blood Sugar Testing**

**3<sup>rd</sup> Thursday, 2:30 PM**

Drop in hours to see Circle Home (visiting nurses association) RN Nancy Harding, for blood pressure checks, weight monitoring and general consultations. 100% of donations received for this service support Circle Home.

### Reiki

**Monday - Friday, 1:00 PM**

Reiki is an ancient touch therapy technique that compliments traditional pain therapies. Cost is \$3.00 for a 40 minute session.

### Hearing Screenings

**Monday, March 9<sup>th</sup>, 10 AM to 12 PM**

Appointments with Chris Streeter from Affordable Hearing to have your hearing checked and hearing aids checked/cleaned.

## Outreach & Social Services

**Donna Houston, Social Services Coordinator**

978-957-2611 [dhouston@dracutma.gov](mailto:dhouston@dracutma.gov)



### Discount Prescription Cards

Many of you who have come to the center have probably seen the Needy Meds Drug Discount Cards that can be used for prescriptions and over-the-counter medications. These cards are a help to those without insurance, are underinsured or are on Medicare only.

The Needy Meds Drug Discount Card *may* save you up to 80% off the cost of your prescriptions, OTC medications, and pet prescriptions purchased from a pharmacy. Needy Meds also has a program called the Generic Assistance Program (GAP) that has been designed to help people unable to afford certain more expensive generic medications.

In a collaboration with Rx Outreach, the largest non-profit pharmacy in the country, Needy Meds has launched this first-of-its-kind medication assistance program to provide generic medication at no cost to those who qualify. The program uses a voucher system and supplies medication for up to one year. Applicants must apply to enroll in the program and reapply annually. Once accepted, coverage is guaranteed for the accepted prescription for one year. GAP will offer nearly 20 generic medications at no cost to people who meet program eligibility requirements.

### To Be Eligible for Needy Meds:

- \* You have no prescription coverage for needed medication
- \* Your income is at or below 100% Federal Poverty Level  
Income of \$11,770 for a household of 1  
Income of \$15,930 for a household of 2
- \* You are a U.S. citizen, legal entrant, or have a work visa

For more information on GAP, email [gap@pap-apps.org](mailto:gap@pap-apps.org) or call 1-888-203-7687.



### Prescription Advantage

If you are having issues paying for your medications you may also want to make an appointment with me, Donna Houston or our SHINE counselor, Jill O'Sullivan. Prescription Advantage is a prescription drug insurance plan available to all Massachusetts residents age 65 and older, as well as younger individuals with disabilities who meet income and employment guidelines.

**Happy  
St. Patrick's Day!**



## Dracut Senior Citizen's Club

The Dracut Senior Citizen's Club is a social club open to any senior age 60 and older, regardless of what town you reside. Annual membership is \$2.00.

### Member Meetings

**Wednesday, March 11<sup>th</sup> & 25<sup>th</sup>**

Meetings are held at the Dracut Senior Center from 1:00 to 3:00 PM. An optional Bingo game follows each meeting.

### Officer Nominations

Its almost time for Senior Citizen's Club elections. In April the Club will be looking for nominations for the following club positions: President, Vice President, Secretary, and Treasurer. Please consider who you wish to nominate for these key leadership positions.

### Saint Patrick's Day Dinner Dance

Wednesday, March 18<sup>th</sup> at 11:00 AM at Lenzi's  
Dinner: Corn Beef & Cabbage

For information on membership, the dinner dance, or other Club related questions, feel free to call  
Mary Rowe at 978-697-6605.

### Wish List

- Paper Towels
  - Mahjong Sets
  - Bottles of Soda
  - Bottled Water
  - Foam or Paper Dessert Plates
  - Half & Half
- Items needed for our party. Please make donations by 3/18.
- St Patrick's Day Napkins
  - Irish Soda Bread
  - St Pat's Balloons

### Thank You

- Power of Flowers Project** - flowers for MOW clients
- Dracut Fire Dept** - helping us with our roof leak
- Dracut DPW** - working so hard to keep our parking lot clear of snow
- Terry Vincent** - candy
- Karen White** - tea bags & cane
- Doris Pinard** - paper towels
- Louis Darvirris & Keith Bourgeois** - hosting the free bi-monthly breakfast at Bagels & Burgers
- Ray & Phyllis Carignan** - tea bags & lunch trays

### Places to Pick Up the Newsletter:

Alexander's Pharmacy, All Dracut Senior Housing, TD Bank (Bridge St), Market Basket, CVS (Lakeview Ave), Dracut Family Diner, Dracut Police Station, Dracut Town Hall, Jeanne D'Arc Credit Union (Lakeview Ave), Lucky Oil Burner Service, Bobola's Restaurant, MV Chiropractic (Bridge St Dracut), M.G. Parker Memorial Library, Plaza Cleaning Center, Primo's Pizza, Shaw Farm, St. Mary Magdalene Church, Tedeschi's (Mammoth Rd), Dracut True Value Dracut, St. Francis Church, Washington Savings Bank (Broadway Rd), Dracut Barber Shop, Village Inn, St. Marguerite D'Youville Parish.

## Friends of the Dracut Elderly

**Open Meeting**  
**Wednesday, March 25<sup>th</sup>**  
**at 10:00 AM**



With a new President at the helm, the Friends Group will continue to meet monthly, planning fundraisers and voting on funding requests. March's meeting will also include a discussion on setting formal policies for Bingo. A Bingo committee is being formed. If you would like to give your input, please see Barbara Dickinson.

### Friend's Board Members

President, Barbara Dickinson  
Treasurer, Linda Tamvaklis  
Clerk, Vacant  
Board Member, Judy Fuller  
Board Member, Linda Bloomgren  
Board Member, Mike Langlois

### Friends Foxwoods Trips

**\$30 per person - Sign up at Center Front Desk**

Wednesday, May 20<sup>th</sup> Sign Up Begins April 17<sup>th</sup>  
Friday, June 19<sup>th</sup>  
Friday, July 17<sup>th</sup>  
Wednesday, August 26<sup>th</sup>  
Friday, September 25<sup>th</sup>  
Friday, October 23<sup>rd</sup>  
Friday, November 20<sup>th</sup>

### Friends Atlantic City Trip

**October 4<sup>th</sup> - 7<sup>th</sup>, 2015**

4 days/3 night deluxe motorcoach for \$299 per person. Includes: accommodations at Bally's Hotel & Casino. round trip transportation from Dracut M.A, \$75.00 slot play bonus, all local hotel taxes, baggage handling (1 suitcase/person) drivers gratuities.

For information on Atlantic City or Foxwoods Trips call Carol at 978-957-5527.

## *Second Hand Rose*

### Thrift Shop

Open Daily at the Dracut Senior Center.  
Donations of new/gently used, clean items arrive daily and are greatly appreciated.  
General Public Welcome  
All proceeds benefit the Friends.

# March 2015

For a full menu please see the Senior Center kitchen or front desk.

MOW = Meals On Wheels entrée only.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 8:30 Breakfast 10:00 <b>Zumba Gold</b> 10:00 Bone Builders 11:30 Louisiana Chicken 1:00 Bingo	<b>3</b> 8:30 Breakfast 9:00 Grocery Shopping 9:00 Energetics 10:30 Bone Builders 11:30 Steak, Pepper & Onions Sandwich 12:30 Stitch & Bitch	<b>4</b> 9:00 Computer Class 10:00 Tai Chi 10:00 Bone Builders 11:15 Meditation 11:30 Sweet & Sour Chicken 12:00 Art Class 1:00 Bone Builders	<b>5</b> 8:30 Breakfast 9:00 Energetics 10:00 Bone Builders 11:30 Roast Pork 1:00 Bingo 1:00 <b>Mahjong</b> 1:30 Nurse Nancy	<b>6</b> 8:30 Breakfast 9:00 Line Dancing 9:00 <b>Walmart &amp; Mama's</b> 10:00 Bone Builders 11:30 Fish Florentine 12:00 Cribbage
<b>9</b> 8:30 Breakfast 10:00 <b>Zumba Gold</b> 10:00 Bone Builders 10:00 <b>Hearing Screening</b> 11:30 Sweet & Sour Meatballs 1:00 Bingo <b>Center open until 6:00 PM</b>	<b>10</b> 8:30 Breakfast 9:00 Grocery Shopping 9:00 Energetics 10:30 Bone Builders 11:30 Garlic Chicken 12:00 <b>Movie - Gone Girl</b> 12:30 Stitch & Bitch	<b>11</b> 9:00 Computer Class 10:00 Tai Chi 10:00 Bone Builders 11:15 Meditation MOW Lasagna 11:30 <b>Mediterranean</b> <b>Chicken Sandwich</b> 12:00 Art Class 1:00 Bone Builders 1:00 <b>Senior Club Mtg.</b>	<b>12</b> 8:30 Breakfast 9:00 Energetics 10:00 Bone Builders 11:30 Roast Turkey 1:00 Bingo 1:00 <b>Mahjong</b> 1:30 Nurse Nancy 5:00 <b>Telethon</b> <b>Turkey Dinner</b>	<b>13</b> 8:30 Breakfast 9:00 Line Dancing 9:00 <b>Bagels &amp; Burgers + Goodwill Store</b> 10:00 Bone Builders 11:30 Krunch Lite Fish 12:00 Cribbage

<p><b>16</b></p> <p>8:30 Breakfast  <b>Zumba Gold</b>  10:00 Bone Builders  <b>Rep. Colleen Garry</b>  11:30 New Orleans Chicken  1:00 Bingo</p>	<p><b>17</b></p> <p>8:30 Breakfast  9:00 Grocery Shopping  9:00 Energetics  10:30 Bone Builders  11:30 Salisbury Steak  12:30 Stitch &amp; Bitch</p>	<p><b>18</b></p> <p>9:00 Computer Class  10:00 Tai Chi  10:00 Bone Builders  <b>Club Dance, Lenzi's</b>  11:15 Meditation  11:30 Chicken Fillet  12:00 Art Class  1:00 Bone Builders  2:30 <b>COA Board Mtg.</b></p>	<p><b>19</b></p> <p>8:30 Breakfast  9:00 Energetics  10:00 Bone Builders  11:00 <b>Hot Cocoa w/ Director</b>  11:30 Corn Beef  1:00 Bingo  1:00 <b>Mahjong</b>  1:30 Nurse Nancy  Blood Sugar Testing</p>	<p><b>20</b></p> <p>8:30 Breakfast  9:00 Line Dancing  10:00 Bone Builders  11:30 Lemon Baked Fish  12:00 <b>St. Pat's Day Party</b>  12:00 Cribbage</p> 
<p><b>23</b></p> <p>8:30 Breakfast  <b>Zumba Gold</b>  10:00 Bone Builders  10:30 <b>Social Security Help</b>  11:30 Teriyaki Chicken  1:00 Bingo</p> <p><b>Center open until  6:00 PM</b></p>	<p><b>24</b></p> <p>8:30 Breakfast  9:00 Grocery Shopping  9:00 Energetics  9:00 Bone Builders  11:30 Macaroni &amp; Cheese  12:30 Stitch &amp; Bitch</p>	<p><b>25</b></p> <p>9:00 Computer Class  9:30 <b>SHINE</b>  10:00 Tai Chi  10:00 Bone Builders  10:00 <b>Friends Meeting</b>  11:15 Meditation  11:30 Hot Dog  12:00 Art Class  1:00 Bone Builders  1:00 <b>Senior Club Mtg.</b></p>	<p><b>26</b></p> <p>8:30 Breakfast  9:00 Energetics  10:00 Bone Builders  11:30 Meatloaf  1:00 Bingo  1:00 <b>Mahjong</b>  1:30 Nurse Nancy</p>	<p><b>27</b></p> <p>8:30 Breakfast  9:00 Line Dancing  9:00 <b>Dollar Tree &amp; Irish Cottage</b>  10:00 Bone Builders  11:30 Creole Baked Fish  12:00 Cribbage</p>
<p><b>30</b></p> <p>8:30 Breakfast  <b>Zumba Gold</b>  10:00 Bone Builders  11:30 Apricot Chicken  1:00 Bingo</p>	<p><b>31</b></p> <p>8:30 Breakfast  9:00 Grocery Shopping  9:00 Energetics  10:30 Bone Builders  11:30 Stuffed Shells  12:30 Stitch &amp; Bitch</p>	<p><b>April 1</b></p> <p>9:00 Computer Class  10:00 Tai Chi  10:00 Bone Builders  11:15 Meditation  11:30 Lunch  12:00 Art Class  1:00 Bone Builders</p>	<p><b>April 2</b></p> <p>8:30 Breakfast  9:00 Energetics  10:00 Bone Builders  11:30 Lunch  1:00 Bingo  1:00 <b>Mahjong</b>  1:30 Nurse Nancy</p>	<p><b>April 3</b></p> <p>8:30 Breakfast  8:30 <b>Walmart</b>  9:00 Line Dancing  10:00 Bone Builders  11:30 Lunch</p> <p><b>Senior Center Closes at  12:00 PM (Good Friday)</b></p>



## On Going Events & Activities

### Social & Educational

**Beginner's Computer**- Wednesdays from 9:00 to 11:00 AM. Get individualized attention from Instructor Pat Merrill as you learn skills in this comfortable environment. \$15 for an 8 week course.

### Arts & Crafts

**Stitch & Bitch** - Tuesdays at 12:30 PM. Bring your knitting, crocheting, needlepoint, or just come for the company. Whether you are a novice or experienced hand worker, stitch and bitch with friends. Free

**Art with Joan** - Wednesdays from 12:00 to 2:00 PM. Cost is \$40 for an 8 week session. Join studio owner Joan Turner as you paint or draw. Bring your supplies and what ever piece you are working on. Open class, unstructured.

### Health & Fitness

**Zumba Gold** - Mondays at 10:00 AM. A party-like dance workout, specifically designed for seniors and beginners. Cost is \$4 a class.



**Energetics** - Tuesdays & Thursdays from 9:00 to 10:00 AM. A fun and upbeat class with a mix of cardio and strength training. Cost is \$20 per session.

**Tai Chi** - Wednesdays from 10:00 to 11:00 AM. This relaxing class helps with balance and is a great falls prevention option. Cost is \$35 per 6 week session.

**Bone Builders** - Increase your endurance and strength as you improve your balance and prevent falls.

Participation is contingent upon written doctor approval. Pre-registration is required, see COA staff for details.

Mondays & Wednesdays from 10:00 to 11:00 AM

Tuesdays & Thursdays from 10:30 to 11:30 AM

Wednesdays 1 to 2 PM & Fridays 10 to 11 AM

**Meditation** - Wednesdays from 11:15 to 11:45 AM, free. This group meditation will quiet the mind, relax your body, and give you keys to improving your focus.

**Beginner Line Dancing** - Fridays from 9:00 to 10:00 AM. Cost \$2 a class.

**Senior Bowling League** - Fridays at 9:00 AM, Park Lanes in Windham, NH. Join this candlepin bowling league that are always looking for new bowlers, especially substitutes.

### Cards & Games

**Cribbage** - Fridays at 12:00 PM

**Bingo** - Mondays & Thursdays at 1:00 PM

**Mahjong** - Thursdays at 1:00 PM

## Featured Events

Please RSVP in advance for the following events. Call 978-957-2611

### **Lunch & Movie**

**Tuesday, March 10<sup>th</sup>**

**Lunch 11:30 AM** - Garlic Baked Chicken. Please RSVP by Wednesday, March 4<sup>th</sup> for lunch. \$2 donation is suggested.

**Free Movie 12:00 PM** - *Gone Girl*, rated R Starring Ben Affleck and Neil Patrick Harris, *Gone Girl* is an intense thriller asking the audience, "Did Nick kill his wife?" For those who like mysteries, clues, and plot twists, this movie is for you. However be advised, for the movie's R rating is for sex scenes and violence. Popcorn & soda served.

### **Hot Chocolate with the Director**

**Thursday, March 19<sup>th</sup> at 11:00 AM**

I am not into coffee, but if you can get past that, come share your thoughts with me or just come to talk. Pastries will be served as well as hot chocolate and perhaps even coffee. I will say that although I am excited that so many of you have asked about bringing back this opportunity to sit with me, I do not want you to feel like you need to wait for a "coffee hour" to talk with me. I have an open door policy and would love to hear from you, anytime!

### **Saint Patrick's Day Party with Irish Folk Musician**

**Friday, March 20<sup>th</sup> at 11:30 AM**

Although lunch on the 20th is lemon baked fish, it will be a Saint Patty's Day party non the less.

The afternoon's entertainment will be Irish Folk Musician, Lindsay Straw. Lindsay is a singer, guitarist, and Irish bouzouki player who loves traditional music from the British Isles.



### **Veterans Breakfast**

Our next veteran's breakfast is tentatively scheduled for the 7<sup>th</sup> of April. Veterans Service Officer Bill Zounes and I are working to secure a regular schedule which does not conflict with our other meetings. We will be working on your menu concerns as well. Stay tuned for the April newsletter for more details.

**Friday Quick Trips**

Pick ups begin at 9:00 AM unless otherwise noted.

- Friday, March 6<sup>th</sup> - Walmart & Mama's
- Friday, March 13<sup>th</sup> - Bagels & Burgers and New Good Will
- Friday, March 20<sup>th</sup> - St Patrick's Day Party at Senior Center
- Friday, March 27<sup>th</sup> - Dollar Tree & Irish Cottage in Methuen
- Friday, April 3<sup>rd</sup> - Walmart (pick-ups start at 8:30 AM)

**Featured Excursions**

**Telethon Turkey Dinner**

Thursday, March 12<sup>th</sup> at 5:00 PM  
Dracut High School

The tradition is back. Tickets are \$5 each and are available at the COA. Take the van or drive your self.

**The Sound of Music**

Thursday, April 9<sup>th</sup>, show time 7:00 PM  
Dracut High School

Enjoy the music made popular by Julie Andrews and company. Seniors are invited for a special price of \$10 per ticket. These discounted tickets are available for seniors whether or not you choose to take the van. The COA van will be available for those who sign-up with the COA staff. The students and staff involved with the spring musical are looking forward to seeing you there.

**Rain: A Tribute to the Beatles**

Monday, April 6<sup>th</sup>, show time 7:00 PM  
Lowell Memorial Auditorium

Direct from Broadway, this group has been together longer than the Beatles and has mastered their sound and demeanor. This concert will truly take you back in time. Tickets are \$45 each and this van trip is limited to 10 people. Deadline to sign up is Friday, March 20<sup>th</sup> at the COA front desk.

**Save the Date:** Lowell Auditorium, I Love Lucy, May 27<sup>th</sup>

**Meals on Wheels Drivers Still Needed**

**Call 978-957-2611 for More Information**



**Be that One!**

For many of our seniors the person who delivers their meal is the one person they will see all day. It takes as little as 2.5 hours a week to be that one person. Commit to 1 day a week or all 5, from 10:00 AM to 12:30 PM. Volunteers use their own vehicle, are 18+, and pass CORI & SORI background checks. A small stipend is available as a thank you for using your own car.

**Dracut COA Buses**

Kathie Zabbo - Greenwood, COA Dispatcher  
kgreenwood@dracutma.gov

**Reservations call 978-957-2611**

**Local Shopping/Social Trips**

**Mondays - Thursdays: 8:30 AM to 3:30 PM**

**Principle Driver - Anita Chartier**

Reservations are taken no later than 12:30 PM the day prior to your trip.

Bus Fare: \$1 each way or 20 ride ticket for \$18  
Shopping and errands around Dracut including to the senior center, grocery shopping, adult day health programs, hair appointments, pharmacies, banking, and visiting friends, just to name a few.

**Medical Trips**

**Mondays - Fridays: 8:00 AM to 2:00 PM**

**Principle Driver - Charleen Bennett**

You are encouraged to book your medical trips as soon as you make your doctor's appointment.

Transportation to the following destinations for medical appointments. Scheduling is done on a first come, first serve basis.

Within Dracut - \$1 each way

Lowell Destinations - \$2 each way

Chelmsford Destinations & Select Destinations in Tewksbury- \$3 one way or \$5 round trip

**Merrimack Valley Nutrition**

**Call 978-957-2611 for reservations or info.**

**Free Breakfast**

Served daily from 8:30 to 9:00 AM. Choose: oatmeal, French toast, or egg and sausage/bacon on toast. Served with fruit muffin, and juice. Milk is \$0.50 charge.

**Special Site Meal**

**Wednesday, March 11<sup>th</sup>**

**Mediterranean Chicken Delight**

Chicken with provolone cheese, sliced tomato, spinach, low fat mayonnaise on pita bread, Three bean salad, Italian wedding soup & fresh baked chocolate chip cookie.

**Daily Lunch Program**

Lunch served daily at 11:30 AM. Please call 3 weekdays in advance to reserve your meal. \$2 donation is suggested.