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## Cooking Safety

- Put a lid on a grease fire to smother it then turn off the heat. Baking soda will also work.
- Wear tightfitting sleeves when cooking. Loose sleeves easily catch fire.
- Never throw water on a grease fire. Water will only spread the fire around.
- Never move a burning pan. You can too easily ignite your clothes or spill the fire onto someone or something else.
- Stand by your pan! Never leave cooking unattended.



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## Safe Smoking

- Try to quit again.
- For health and fire safety reasons, permit smoking outside only.
- Never smoke in bed.
- Use large ashtrays with center rests so cigarettes fall into the ashtray not on the floor.
- Smokers should keep lighters on their person, not on the table or in a purse where children can find them.
- Never smoke in homes where oxygen is in use.

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## Match and Lighter Safety

- Purchase child resistant lighters.
- Keep all matches and lighters out of reach and sight of children. A high, locked cabinet is recommended.
- Teach children that matches and lighters are not toys, they are tools for grown-ups.
- Teach young children to tell a grown-up when they see matches or lighters lying around.
- Never give a lighter to a child as a toy.



# Fire Safety Tips



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