

An illustration of several hands of different skin tones and ages joined together in a circle. The hands are wearing various accessories like bracelets, watches, and nail polish. The background is white with a faint, light green circular pattern.

CONNECTIONS

Your Resource Guide

Good Samaritan Law

The goal of the Massachusetts Good Samaritan Law is to protect people, so they are not afraid to involve emergency services as soon as possible.

Passed in 2012, the Massachusetts Good Samaritan Law encourages someone who witnesses an overdose to seek help from professionals by providing the caller, and the person who overdosed, protection from civil liability, arrest, and prosecution for drug possession.

MGL Chapter 94C, Section 34

If you or someone you love is struggling with substance misuse, mental health, or other concerns, this is your resource guide to connect to the services and support you deserve.

You don't have to do it alone. Your local boards of health, police, fire, and school departments have partnered to help you connect to resources in our communities.

Emergency Hotlines

Medical Emergencies

Call 911

988 Suicide & Crisis Lifeline

Call or text 988

Call: 1-800-273-TALK (8255)

Lowell Emergency Psychiatric Service

24-hour Crisis Team: 978-455-3397

Vinfen Mobile Crisis Children, Youth, and Adults in Crisis or in Need of Support

24-hr Crisis Line: 866-388-2242

Call 978-674-6744

LGBTQIA+ National Help Center Hotline & Online Programs

National Hotline (for all ages): 888-843-4564

Free, confidential, peer support, resources.

More info provided further

Veterans Crisis Line

Call: 1-800-273-8255, press 1. Text 838255

MA Substance Use 24/7 Helpline Info/Education

Call: 800-327-5050 or text the only statewide public resource helpline: HOPE to 800327

Above Services and Supports for Youth and Young Adults

<https://helplinema.org/treatment-recovery/youth-young-adult-services/>

Behavioral Health Help Line

Call: 833-773-2445

<http://www.masshelpline.com/chat>

For deaf and hard of hearing:

Contact Mass Relay @711

MA Poison Control Center

Call: 800-222-1222

Substance Abuse and Mental Health Services Administration (SAMHSA)

24/7/365 Free and confidential helpline and treatment locator 1-800-662-HELP(4357)
<http://www.samhsa.gov/find-treatment>

Massachusetts DPH/BSAS Office of Youth and Young Adult Services

Services, support, and resources for youth and young adults.

250 Washington Street, 3rd Floor, Boston MA
Call: 617-624-5111

Massachusetts Behavioral Health Access (MABHA)

Call: 800-495-0086 or 617-790-4000

Pre- and Post-Natal Support

Support for Pregnant Women

Moms Do Care, Lowell

Call 978-934-8220

Well Connected

Find financial assistance, food pantries, medical care, and other free or reduced-cost help.

Visit www.wellconnected.net

Postpartum Depression

Massachusetts PSI Warm Line

Call 866-472-1897

Community Behavioral Health Centers/ Mobile Crisis Intervention (Centros Comunitarios de Salud Conductual / Intervención Móvil en Crisis)

Support available in **105 languages**

Call: 877-382-1609

VA Services

New England VA Outreach

Call 1-844-VA-CARES (822-2737)

<http://www.newengland.va.gov/outreach>

VA Bedford Health Care

Call 781-687-2347

Urgent Care 781-687-2654

Lowell Vet Center

10 George Street, Lowell 978-453-1151

Youth Support

Youth Withdrawal Management & Stabilization

MYR-Motivating Youth Recovery

Male and female, ages 13-18

26 Queen Street, Worcester Call: 508-860-1244

Youth & Young Adult Residential Programs

Goodwin House

Male, ages 13-17

187 Fairview Avenue, Chicopee, MA

Call: 413-316-1645

STEPS Lowell House Addiction and Recovery

Gender-inclusive, ages 13-17

Reading, MA

Call: 978-459-8656

Cornerstone Recovery

Female, ages: 16-25

59 South Street, Ware, MA

Call: 413-758-4050, Ext. 680

Grit House

Male, ages 18-26

Springfield, MA

Call: 844-MHA-WELL

Pegasus House Drug & Alcohol Treatment Centers and Resources

Female, ages 18-25

482 Lowell Street, Lawrence

Call: 978-687-4257

Substance Disorder Treatment

Alcoholics Anonymous Meetings in MA

Search Boston AA Meetings

<http://www.aabosmeetings.org/search.aspx>

Alcoholics Anonymous

www.aa.org

Inpatient/ Residential Treatments for Substance Use Disorders

Megan's House

Female, ages 18-26

32 Berry Road, Lowell

Residential treatment substance use as primary disorders.

26 beds total. Call 978-455-6973 for availability.

Erin's House

Female, 8 beds

58 Gumpus Road, Dracut

Call 978-606-9908 for availability.

Lowell Strive

Male, ages 16-21

785 Merrimack Street, Lowell

Must be committed to Department of Youth Services.

12 beds total. Call 978-454-3006 for availability.

Lowell House Addiction Treatment and Recovery

Male and female.

Call: 978-459-8656

Intensive Outpatient Program (IOP) and Structured Outpatient Addiction Program (SOAP)

Lowell House Addiction Treatment & Recovery SOAP

101 Jackson Street, 4th Floor, Lowell

Call: 978-459-8656

Trinity Care Associates

100 Merrimack Street, Suite 205, Lowell

Call: 978-455-0756

Emerson Hospital Addiction Services

Call: 978-287-3520

Outpatient Treatment

Column Health

77 East Merrimack Street, Lowell

Call: 339-368-7696

Institute for Health and Recovery Inc.

97 Central Street, Unit 207, Lowell

Call: 617-661-3991

Lowell Community Health Center Inc.

161 Jackson Street, Lowell

Call: 978-937-9700, Ext. 6730

CleanSlate Centers

Tewksbury, MA

Call: 781-348-9041

Medication for Opioid Use Disorder (MOUD)

Elm Tree Clinic

12 Wood Street #2, Lowell

Call: 978-341-4144

Lowell General's Bridge Clinic

33 Bartlett Street, Suite 108, Lowell

Call: 978-934-8494

Sober Housing

A New Life Sober Living

Male, 6 beds

841 Bridge Street, Lowell

Call 413-977-9726 for availability.

Rise Above Lowell

Female, 9 beds

111 Chestnut Street, Lowell

Call 978-490-0215 for availability.

Carl's Place

Male, 10 beds

35 Burns Street, Lowell

Call 978-328-4051 for availability.

Erin's House

Females, 8 beds

58 Gumpus Road, Dracut

Call 978-606-9908 for availability.

Freddy's House

Males, 14 beds

612 Bridge Street, Lowell

Call 978-967-5340 for availability.

Paul's Place

Males, 12 beds

12 Nesmith Street, Lowell

Call 978-967-5340 for availability.

Hanover House

Males

200 Moody Street, Lowell

Call: 978-459-8656, Ext. 143

Middlesex Recovery, P.C. (MAT)

Accepts MassHealth

Chelmsford

Call: 978-455-0807

Living House

Male

174-176 Crosby Street, Lowell

Call: 978-656-1882

Saving Grace

Female

65 Harvard Street, Lowell

Call 978-459-8656 for availability.

Stepping Stones Sober House

Male, 13 beds

233 Appleton Street, Lowell

Call 800-947-2443 for availability.

Sober House Directory

<http://www.soberhousedirectory.com/>

I2-Step Programs

Support Groups

Family Support Groups

Al-Anon/Alateen

www.ma-al-anon-alateen.org

Nar-Anon

www.naranonctma.org

Families Anonymous

www.familiesanonymous.org

Handhold

Guiding your child's mental health journey
www.handholdma.org

Wicked Sober

www.recoverycentersofamerica.com

Programs & Other Anonymous Support Groups

Recovery Café

20 Williams Street, Lowell
Call: 978-677-6087

The Bridge Club of Greater Lowell

33 East Merrimack Street, Lowell
Call: 978-454-6191

Listing of Local Narcotics Anonymous Meetings

Call: 866-624-3578
Press option 3 for today's meetings.
<http://www.nerna.org>

**I2 Step Meeting Locations Can Be Found by
[Downloading the Meeting Guide App](#)**

Lowell General Hospital

Call: 978-937-6000

Emerson Hospital

Call: 1-978-369-1400

Domestic Violence Education Handbook

Created by: Westford Coalition for Non-Violence (WCNV)

**Please call your local police
department for assistance with
domestic violence.**

Mental Health Services

Lowell Vet Center

10 George Street, Lowell
Call: 978-453-1151

Arbour Counseling Services

21 George Street, Lowell
Call: 978-453-5736

The Mentor

22 Old Canal Drive, Lowell
Call: 508-521-2200

Bridgewell Counseling Services

35 Market Street, Lowell
Call: 978-459-0389

Center for Family Development

81 Bridge Street, Suite 215, Lowell
Call: 978-459-2306

Elliot Community Services

86 Baker Avenue Extension, Suite 100, Concord
Call: 978-369-1113

DMH Lowell Site Office

55 Technology Drive, 2nd floor, Lowell
Call: 978-322-5000

Institute for Health and Recovery

97 Central Street, Suite 207, Lowell
Call: 866-705-2807

Lowell Community Health Center

161 Jackson Street, Lowell
Call: 978-221-6730

Vinfen Behavioral Health

40 Church Street, Lowell
Call: 978-674-6744

Trinity Care Associates

100 Merrimack Street, Suite 205, Lowell
Call: 978-455-0756

Wayside's Community Service Agency

75 East Merrimack Street, Lowell
Call: 978-349-4161

Vincent Behavioral Health

40 Church Street, Lowell
Call: 978-674-6744

Justice Resource Institute Inc. Metro West Behavioral Health

360 Massachusetts Avenue, Suite 103, Acton
Call: 978-264-3500

Trauma & Family Integration

144 Merrimack Street, Suite #302, Lowell
Call: 978-677-7823

New England Center for Healthy Minds

289 Great Road, Suite G1, Acton
Call: 978-679-1200

Vinfen's Youth Quake Teen Access Center

167 Dutton Street, Lowell
Call: 617-404-5505

William James College Interface Referral Service

Call: 888-244-6843

Westford and Acton are a part of this referral program:

Boundaries Therapy Center

518 Great Road, Acton
Call: 978-263-4878

LGBTIA+ Resources

LGBTQIA+ National Help Center Hot Line & Online Programs

Free confidential peer-support, local resources, and much more provided to everyone from young people to seniors.

National Hotline: 888-843-4564, all ages

Youth Hotline: 800-246-7743, age 25 max

Senior Hotline: 888-234-7243, age 50+

National Coming Out Support Hotline

Call: 888-OUT-LGBT (888-688-5428), all ages

LGBT National Help Center Lesbian, Gay, Bisexual Transgender Near Me

The largest collection of resources

<https://www.lgbtnearme.org/>

The Trevor Project

World's largest suicide and crisis intervention for young LGBTQ lives.

Call: 1-866-488-7386

Text START to 678678

Or [chat online](#).

Reach a counselor

If you're struggling, find answers, get tools or help someone else.

We provide support for LGBTQIA+ 24/7/365.

INDEX

Good Samaritan Law	1
You Don't Have to Do It Alone.....	2
Emergency Hotlines.....	3
Pre- and Post-Natal Support.....	4
VA Services.....	4
Youth Support.....	4
Substance Disorder Treatment.....	5
Sober Housing.....	6
12-Step Programs.....	7
Support Groups.....	7
Mental Health Services.....	8
LGBTIA+ Resources.....	9

Created by Dracut Health Department

in coordination with

Dracut Police, Fire, and School Departments

Westford Health Department

& Coalition WCNV

For more information, please contact your local health department.



Download the Brave App

