

# DRACUT SENIOR CENTER

951 MAMMOTH ROAD DRACUT, MA 01826 978-957-2611

OPEN MONDAY, WEDNESDAY, THURSDAY 8AM - 4PM TUESDAYS 8AM - 7PM & FRIDAY 8AM - 12PM

## AUGUST 2025

### FARMERS MARKET COUPONS

WILL BE AVAILABLE AT  
THE SENIOR CENTER ON  
**WEDNESDAY AUGUST  
6TH STARTING AT 9 AM**



PLEASE SEE  
**PAGE 12**  
FOR DETAILS

## UPCOMING EVENTS

### TACO TUESDAY LUNCHEON TUESDAY, AUGUST 26TH AT 11:30AM

TACO 'BOUT A FUN TIME!

ENJOY LUNCH AND THE ENTERTAINMENT OF  
THE SHE-BOP SWING ORCHESTRA, AN ALL-FEMALE  
SWING JAZZ BAND.



MENU INCLUDES: BEEF & CHICKEN SOFT TACOS,  
LETTUCE, CHEESE, SALSA, BLACK BEAN SALAD & DESSERT

TICKETS ARE \$5.00 PER PERSON AND CAN BE PURCHASED AT  
THE FRONT DESK. SPACE IS LIMITED

### 90TH BIRTHDAY CELEBRATION



REGISTRATION IS NOW  
OPEN FOR OUR 90<sup>TH</sup>  
BIRTHDAY  
CELEBRATION.  
SEE PAGE 14 FOR  
DETAILS

### FIREFIIGHTERS ICE CREAM SOCIAL MONDAY, AUGUST 11, 2025 AT 12PM

Join us for our annual

Dracut Firefighters Ice Cream Social.  
ALL ARE WELCOME - BRING THE FAMILY!  
Make your own sundaes with all of our  
favorite first responders!



# TRANSPORTATION

## TRANSPORTATION FEES & GUIDELINES

**Effective July 1, 2024**

The new fare structure is as follows:

### **Bus Fare (round trip):**

Dracut/Lowell/Tyngsboro	\$5
Chelmsford/Billerica/Tewksbury	\$10

Passengers **must** have exact change.

Drivers **do not** carry change.

No trips will be scheduled more than 30 days in advance.

## RESERVATIONS 978-957-2611 X1301

No trips will be scheduled more than 30 days in advance.

Appointments are made on a first come, first served basis.

## FARE PUNCH CARD

A \$25 fare punch card is available for sale at the Senior Center front desk and on each the bus. Punch cards cost \$20 – that's a \$5 savings!

## LOCAL MEDICAL RIDES

**Mon – Thurs 8:30am – 2pm**

Local medical rides are available by appointment

## GROCERY SHOPPING

Grocery shopping is available to Bridge Street Market Basket on Tuesdays

*Morning & Afternoon trips are available.*

## **3 bag limit per person**

Driver cannot assist with bags

***Advance reservations are required***



# COMMUNITY SPOTLIGHT

## WHAT'S GROWING ON?

ONCE AGAIN WE ARE EXCITED TO OFFER A SELECTION OF FRESH-GROWN HERBS, TOMATOES AND PEPPERS FROM OUR VERY OWN RAISED BED CONTAINER GARDENS. THE RIPE PRODUCE WILL BE AVAILABLE IN THE LOBBY/DINING ROOM ON A REGULAR BASIS.

STOP BY AND SEE WHAT'S AVAILABLE!



## COUNCIL ON AGING BOARD AUGUST 26 @ 10AM

The COA Board provides guidance to the Director and the Senior Center. Board Meeting are open to the public. Attendance is strongly encouraged.

## ON-SITE OPTICAL SERVICES

NEED NEW FRAMES OR LENSES?  
NEED YOUR CURRENT GLASSES  
REPAIRED OR TIGHTENED?  
LOCAL OPTICIAN LARRY GRIFFIN  
WILL BE AT THE CENTER ON

 **AUG 20<sup>TH</sup> AT 10AM.** 

## **AARP** DRIVER SAFETY TRAINING TUESDAY SEPTEMBER 16 9:30AM - 3:30PM

This course is for drivers 50+. Instructor will discuss how to safely operate a vehicle in today's environment.

The fee is \$20 for members, \$25 for non-members.

**Call to register 978-957-2611**

## GENEALOGY by appointment

Do you have questions about your ancestral roots? Set up an appointment with our volunteer Genealogist, Donna Campbell for your free consultation: 978-957-2611



## MEDICAL EQUIPMENT LOAN PROGRAM

Please call for availability, or to find out which equipment we are currently accepting.

All items must be clean, sanitized and in working order.

**CALL 978-957-2611**



## THRIFT STORE DONATIONS

WE ACCEPT THRIFT STORE DONATIONS WEEKLY ON  
MONDAYS FROM 10AM - 1PM AND TUESDAYS FROM 3PM-5PM

THERE IS A 2 BAG/2 BOX MAXIMUM. DONATIONS MUST BE MADE IN PERSON, DROP-OFFS ARE NOT PERMITTED. PLEASE CALL WITH QUESTIONS: 978-957-2611



# FEATURED EVENTS

## TUESDAYS @ 10AM

### BEREAVEMENT SUPPORT

Join others in a safe, respectful setting offering care and compassion. Participation is welcome, but not required, always without judgement.

Volunteer-led group meets Tuesdays at 10AM

Advance registration is requested

## WEDNESDAYS @ 10AM

### SING-A-LONG WITH ROCKY

Do you like to sing? The Senior Center's very own Sing-A-Long Chorus will meet weekly on Wednesdays at 10AM to rehearse. Join this fun and lively group! No experience needed.



## VETERANS BARBEQUE

TUESDAY, AUGUST 5, 2025 - 12PM

JEANNE D'ARC ANNUAL VETERANS BBQ  
OPEN TO VETERANS, THEIR FAMILIES AND  
THOSE INTERESTED IN VETERANS AFFAIRS

LUNCH WILL INCLUDE: HAMBURGERS AND  
HOT DOGS WITH ALL THE FIXINGS, CHIPS,  
SIDE SALAD AND WATERMELON.

SPECIAL PERFORMANCE BY THE  
SENIOR CENTER SING-A-LONG CHORUS



SPACE IS LIMITED -  
CALL TO REGISTER: 978-957-2611

## AUG 13 & 27

### REIKI WITH JANE BREAUT

Reiki is a relaxing alternative healing method working with energy to help bring the body into balance to promote health and healing.

Sessions are available  
by appointment  
10am - 12pm



To register 978-957-2611

## AUG 7 @ 10AM

### BOOK CLUB

Join us to discuss our  
monthly selection



Small Great  
Things  
by  
Jodi  
Picoult

Books are reserved at the  
Dracut Public Library

## AUG 19 @ 4:30PM

### PIZZA & BINGO



\$5 for Pizza  
\$5 for bingo cards.



# FEATURED EVENTS

**PLEASE CALL 978-957-2611 TO REGISTER**

**AUGUST 5 @ 12PM**

## VETERANS BARBEQUE

Open to Veterans and their family, and those interested in Veterans Affairs.

August is the annual Veterans BBQ. Please see Page 4.

Thank you to our sponsors



**To register: 978-957-2611**

**AUG 15 @ 10AM**

## CRAFT CLASS

This month we will be making this charming summer wreath adorned with flowers and butterflies. Materials and supplies will be provided.



**Space is limited  
Call to register  
978-957-2611**

**AUG 21 11AM - 1PM**

## PAINT & SIP

Join art instructor, Joan Turner to paint a whimsical bird house.

Easy step-by-step instruction and all materials are provided. Bring a smock/apron.

\$20 in advance  
\$25 day of the class



**Call to register: 978-957-2611**

**AUG 25 @ 10AM**

## THE SEARCH IS OVER

This class uncovers the ways Safari can help with searching for information, including using Google and bookmarking important sites, and how AI applications like ChatGPT can assist with everyday tasks like writing emails, exploring different topics, and doing research..



**Call to register: 978-957-2611**

**AUG 27 @ 10:30 AM**

## CAREGIVER SUPPORT

If you are caring for a loved one with cognitive impairment, a chronic condition, intellectual or developmental disabilities or are a grandparent raising a grandchild our program is here to support you. Meetings are monthly and will connect you with services and resources in a safe and supportive space.



**Call to register: 978-957-2611**

**SEPT 16 @ 9:30AM**

## DRIVER SAFETY TRAINING CLASS

This Driver Safety Training course is for drivers 50+. The instructor will discuss how to safely operate a vehicle in today's environment.

The fee is \$20/members  
\$25/non-members



**Call to register: 978-957-2611**

# AUGUST

Monday

Tuesday

Wednesday

Thursday

Friday

				<b>1</b>  9AM Walmart  Quick Trip 10AM Scat/31
<b>4</b>  1PM Movie: <i>Green &amp; Gold</i>	<b>5</b>  10AM Bereavement 12PM Veterans BBQ 12PM Ukulele Group 1PM TV Tuesday 3:30PM Pizza & A Movie: A COMPLETE UNKNOWN	<b>6</b>  9AM Farmers Market Coupon Distro 10AM Sing-A-Long 11AM BLOOD PRESSURE CLINIC 2:45PM Chair Yoga	<b>7</b>  10AM Book Club 11AM Cards with Colleen	<b>8</b>  10AM Scat/31
<b>11</b>  12PM ICE CREAM SOCIAL  1PM Movie: <i>Redwood Highway</i>	<b>12</b>  10AM Bereavement 12PM Ukulele Group 1	<b>13</b>  Reiki by appointment 10AM Sing-A-Long 11AM BLOOD PRESSURE CLINIC	<b>14</b>  90 <sup>TH</sup> BIRTHDAY CELEBRATION 	<b>15</b>  10AM Craft Class 10AM Scat/31
<b>18</b>  10AM Intergenerational Book Presentation 1PM Movie: <i>The Friend</i>	<b>19</b>  9AM Daytrip 10AM Bereavement 12PM Ukulele Group 1PM TV Tuesday 430PM Pizza & Bingo	<b>20</b>  10AM Sing-A-Long 11AM BLOOD PRESSURE CLINIC 2:45PM Chair Yoga	<b>21</b>  11AM Paint & Sip	<b>22</b>  10AM Scat/31 9AM Breakfast Club - Keith's Kitchen
<b>25</b>  10AM KevTech Class 1PM Movie: <i>Pangolin, Kulu's            Journey</i>	<b>26</b>  10AM COA Board Meeting 10AM Bereavement 11AM Traveling Chef 12PM Ukulele Group 1PM TV Tuesday	<b>27</b>  Reiki by appointment 10AM Sing-A-Long 1030AM Caregiver Support 11AM Ice Cream Trip 11AM BLOOD PRESSURE CLINIC 2:45PM Chair Yoga	<b>28</b>	<b>29</b>  10AM Scat/31



# August Regular Menu

FULLY SERVED LUNCHES SERVED DAILY  
Please call in advance to reserve your meal.

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> Chicken Piccata Rice Pilaf Broccoli Chocolate Pudding
<b>4</b> Hamburger with roll Sweet Potatoes Beets Jello	<b>5</b> Potato crunch fish Corn Mashed Potato Cookie	<b>6</b> Grilled Chicken with teriyaki Green Beans Veggie Rice Pineapple	<b>7</b> Turkey Salad Mixed Green Salad Black Beans & Tomatoes Pita Fresh Fruit	<b>8</b> Eggplant Parm Pasta Capri veggies Wheat Bread Mandarins
<b>11</b> Grilled Chicken in Greek Sauce Risotto MG Bread Apple Slices	<b>12</b> American Chop Suey Broccoli Garlic Roll Fresh Fruit	<b>13</b> Tuna Salad Three Bean Salad Wheat Bread Pineapple	<b>14</b> BBQ Pulled Pork Corn Chowder Potato Salad Burger Bun Peach Cobbler	<b>15</b> Broccoli & Cheese Egg Bake Potatoes Carrots Yogurt Muffin
<b>18</b> Smothered Pork Cauliflower Sweet Potatoes Dinner Roll Applesauce	<b>19</b> Pasta & Meatballs Capri Veggies Oat Bread Mandarins	<b>20</b> Cheese Omelet Turkey Sausage Roasted Potatoes Ratatouille Pineapple Fruit Whip	<b>21</b> Diced Chicken Salad Citrus Quinoa Carrot Slaw Cookie	<b>22</b> Yankee Pot Roast Beets Mashed Butternut Biscuit Fresh Fruit
<b>25</b> Thai Beef and Basil *contains oyster sauce Broccoli Brown Rice Canned Fruit	<b>26</b> <b>TRAVELING CHEF (see front cover)</b>	<b>27</b> Cole Tortellini Salad Tomatoes & Cucumbers Fresh Fruit	<b>28</b> Breaded Chicken Couscous Green Beans Cupcake 	<b>29</b> Unbreaded Fish Garlic/Lemon Butter Spinach Salad Jello

Lunch is served M-Th 11:30am Fri 1 1:00am Prior reservations are required.  
Call Maritsa to reserve your lunch 978-957-2611 X1306 \$2.00 per meal

# WEEKLY ACTIVITIES

## BONE BUILDERS



### DAILY CLASSES TIMES VARY

PRE-REGISTRATION & PHYSICIAN AUTHORIZATION IS REQUIRED. CLASSES MEET 2X PER WEEK. ASK ABOUT CLASS AVAILABILITY

## SCAT/31



### FRIDAYS 10:00 AM

JOIN US FOR THIS FUN AND SIMPLE DRAW AND DISCARD CARD GAME.

## DROP-IN YOGA

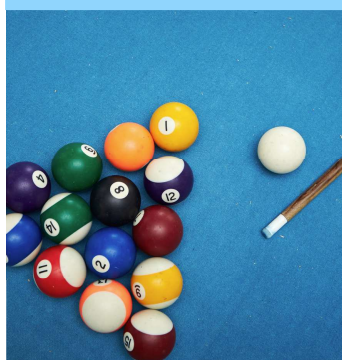


### WEDNESDAY AUG 6, 20, & 27 2:45PM

ADAPTIVE, GENTLE SEATED YOGA PROGRAMS

\$5 PER CLASS

## BILLIARDS/POOL



### DAILY 1PM - 3PM

DROP-IN PLAY DAILY ALL LEVELS ARE WELCOME

## ENERGETICS



### TUESDAYS 10:15 AM

UPBEAT CLASS WITH A MIX OF CARDIO & STRENGTH TRAINING  
\$3 PER CLASS



## WEEKLY WALKING



### TUESDAYS 8:30AM

NO COST (WALKING SHOES, SUNSCREEN & WATER NEEDED) PLEASE CALL BARRY TO JOIN: 978-483-1025

## CHAT & STITCH



### TUESDAYS 1:00 PM

BRING YOUR KNITTING, CROCHETING OR NEEDLE CRAFTING TO STITCH WITH FRIENDS. ALL ARE WELCOME.

## GENTLE STRETCH



### MON & WED 9:00 AM

SEATED AND/OR STANDING HEAD TO TOE GENTLE STRETCHING.

NO COST.



# WEEKLY ACTIVITIES

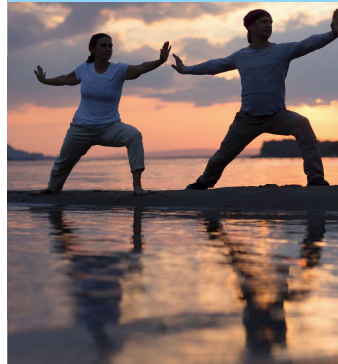
## LINE DANCING



**WEDNESDAYS  
9:00AM**

ALL ARE WELCOME.  
COST \$3 PER CLASS  
PAID DIRECTLY TO  
THE INSTRUCTOR

## TAI CHI



**WEDNESDAYS  
10:00AM**

IMPROVE BALANCE,  
RANGE OF MOTION,  
CONGNITION AND  
STRENGTH.

**6 WEEK SESSION  
BEGINS SEP 17, 2025**

\$5 PAYABLE TO THE  
INSTRUCTOR

## ART CLASS

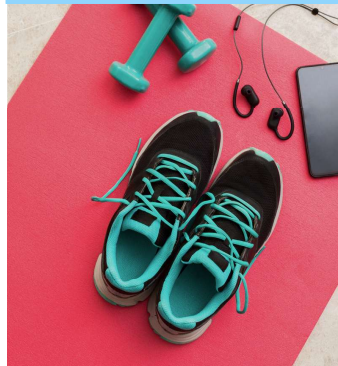


**WEDNESDAYS  
12:00 PM**

BRING YOUR  
SUPPLIES AND  
INSPIRATION.  
INSTRUCTION BY  
JOAN TURNER (\$10)



## GET MOVING



**MONDAY/WEDNESDAY  
1:00-2:00 PM**

LOW IMPACT  
CARDIO - FOCUS  
ON BALANCE,  
STRETCHING,  
CORE STRENGTH,  
AND WEIGHT  
RESISTANCE. (\$3)

## CRIBBAGE



**WEDNESDAYS  
12:30 PM**

OPEN TO ALL.  
PLEASE CALL TO  
SCHEDULE  
INSTRUCTION PRIOR  
TO PLAY, IF NEEDED.  
GAMES BEGIN  
PROMPTLY AT  
12:45PM.

## MAHJONG



**THURSDAYS  
1:00 PM**

MAHJONG IS A  
TILE-BASED  
GAME OF SKILL,  
STRATEGY AND  
LUCK.

## RUMMIKUB



**FRIDAYS  
10:00 AM**

A TILE-BASED GAME  
COMBINING  
ELEMENTS OF  
RUMMY AND  
MAHJONG

## BINGO



**MON. & THURS.  
12:45 PM**

OPEN TO ALL  
SHEET SALES  
BEGIN AT NOON.  
GAMES START  
AT 12:45 PM



# CINEMA AT THE CENTER

PLEASE CALL 978-957-2611 TO REGISTER

**TUESDAY NIGHT  
PIZZA + A MOVIE**  
3:30 PM \$5



**A COMPLETE  
UNKNOWN**  
**AUG 5**  
TRANSPORTATION IS AVAILABLE 

Bob Dylan in the early 1960s, focusing on his rise to fame in the NYC folk music scene.

## Monday Movie Matinee – 1:00 PM

NOW SHOWING	NOW SHOWING	NOW SHOWING	NOW SHOWING
 <p>With mounting debt and the land his family has cultivated for four generations at risk, foreclosure looms over Wisconsin dairy farmer Buck's homestead.</p>	 <p>An unhappy retiree decides to walk 80 miles to the Oregon coast to see the ocean and attend her granddaughter's wedding</p>	 <p>When a solitary writer adopts and bonds with a Great Dane that belonged to a late friend, she begins to come to terms with her past.</p>	 <p>This documentary follows the story of a baby pangolin named Kulu and his human caretaker as they navigate a rehabilitation and rewilding process</p>
<b>AUG 4</b>	<b>AUG 11</b>	<b>AUG 18</b>	<b>AUG 25</b>
GREEN & GOLD	REDWOOD HIGHWAY	THE FRIEND	PANGOLIN, KULU'S JOURNEY



## TV TUESDAY – 1PM

CURRY & CYANIDE

This true-crime documentary investigates six shocking deaths in the same family and the woman at the center of the unbelievable case dubbed Jolly Joseph.



# NUTRITION RESOURCES

## BROWN BAG PROGRAM



### ELIGIBILITY

- 60+ years of age or an adult with a disability living independently in elderly/disabled housing.
- You must be receiving one or more of the following: SSI, Veterans Aid, Food Stamps, Fuel Assistance.
- Your gross household income is at or below \$23,107 for single person or \$31,284 for a couple.

## COFFEE BAR

The Coffee Bar is open to all COA patrons Monday thru Thursday 9AM – 1:30PM.  
(Limited availability on Fridays.)

*Operated by authorized staff only  
Please see the front desk for assistance.*



## LUNCH PUNCH CARD

Lunches are \$2 each. Lunch cards are available for \$20 each. See staff to get yours. Lunch is served daily. Reservations required.  
**978-957-2611 X1306**

1	2	3	4	5
Nutrition Program Lunch Punch Card 10 lunches for \$20				
Card Holder _____				Card # _____
6	7	8	9	10

## LUNCH SERVICES

**M-TH 11:30AM - 12:00PM**  
**FRIDAYS 11:00AM - 11:30AM**

Lunch is served M-Th 11:30am – 12:00pm  
Fridays 11:00am – 11:30am

Prior reservations are required

Call Maritsa for reservations 978-957-2611 X1306

\$2.00 per meal

See page 7 for menu



## MEALS ON WHEELS

**AVAILABLE  
MONDAY – FRIDAY**

CONTACT AGESPAN  
1-800-892-0890  
TO ARRANGE FOR  
DELIVERY



## SNAP

**CALL FOR AN APPOINTMENT**

APPOINTMENTS  
AVAILABLE FOR  
ASSISTANCE WITH NEW  
APPLICATIONS AND  
RENEWALS



Supplemental  
Nutrition  
Assistance  
Program

## S O C I A L   S E R V I C E S

# FARMER'S MARKET COUPON DISTRIBUTION WEDNESDAY, AUGUST 6 AT 9AM

A limited supply of \$25 coupons will be available to Dracut residents who are 60+  
Participants must provide proof of residency and meet the income guidelines  
One coupon booklet per household

Coupons will be distributed on a first come, first served basis beginning at 9AM on 8/6  
PLEASE DO NOT CALL OR ARRIVE PRIOR TO 9AM  
NO EXCEPTIONS WILL BE MADE



**SPACE IS LIMITED - PLEASE CALL TO REGISTER: 978-957-2611**

### FOOT CARE SPECIALIST

Appointments are available for clipping, filing and foot health assessments.  
Fee \$40 payable at time of service.  
Call 978-957-2611

### HEARING SPECIALIST

Appointments are available with Affordable Hearing to have your hearing checked or hearing aids cleaned.  
Call 978-957-2611

### BLOOD PRESSURE

Drop-In blood pressure screenings with the town nurse are every Wednesday at 11:00AM unless otherwise posted.

### OPTICAL SERVICES

Need help with new frames or lenses?  
Need your glasses repaired?  
Call for an appointment with the optician.

## SHINE

### Serving Health Insurance Needs of Everyone

Need assistance with Medicare?

Certified SHINE counselors offer confidential counseling on all aspects of health insurance to anyone on/eligible for Medicare, with your best interest in mind. SHINE counselors will also assist to help you understand Medicare and your options and help you find any possible cost savings. If you find yourself enrolled in a plan that is not in your best interest, a SHINE counselor will review your coverage and help to determine if you are qualified to make a change at this time of year and will assist with the process.

**APPOINTMENTS ARE AVAILABLE - PLEASE CALL FOR A TIME: 978-957-2611**



# AROUND THE SENIOR CENTER

## ANNUAL 90<sup>th</sup> BIRTHDAY CELEBRATION



### REGISTRATION IS NOW OPEN FOR OUR ANNUAL 90<sup>TH</sup> BIRTHDAY CELEBRATION

Seniors who turn 90 years old (or older) in 2025 are invited to celebrate. Attendees may bring one guest.

Please RSVP by 8/11 to reserve your spot.  
Space is limited and registration is on a first come, first served basis.

**Please call: 978-957-2611**

Thank you to Bridges by Epoch  
for their continued support in  
sponsoring this event.

**Bridges**  
BY EPOCH  
MEMORY CARE ASSISTED LIVING



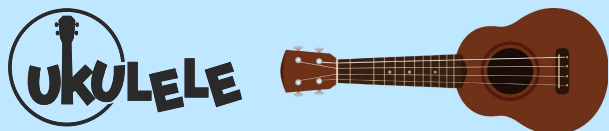
### BEGINNER UKULELE WITH JOAN

**TUESDAYS 12:00 - 1:30PM**

Have you ever wanted to learn  
to play an instrument?

The ukulele is fun and easy to  
learn! This class offers simple  
step-by-step instruction - you'll  
be strumming your favorite  
songs in no time! \$5 pp.

No experience necessary.  
(but please bring your own ukulele)



**Drop in or register: 978-957-2611**

### NARRATIVE PROJECT RECEPTION

**MONDAY AUG 18 @ 10AM**

Participants in the MassHire

**Intergenerational**

**Narrative Project**

are invited to join  
us for our

conclusion reception.



We will have a continental breakfast  
and a presentation the final books to  
each participant from the students in  
the service learning project.

If you have participated in this project  
and would like to attend the breakfast  
please see staff to sign up.

# FEATURED EXCURSIONS

**FRIDAY, AUGUST 1 @ 9AM**

## WALMART QUICK TRIP

NEED TO MAKE A QUICK TRIP TO  
WALMART?  
MEET AT THE SENIOR CENTER FOR  
OUR MONTHLY  
WALMART TRIP  
(1ST FRIDAY OF EVERY MONTH)

(NO PICK-UPS FOR THIS TRIP)  
PLEASE CALL TO RESERVE  
YOUR SPOT  
978-957-2611



**TUESDAY, AUG 19TH @ 9AM**

## THE CLAM BOX

A NEW ENGLAND TRADITION FOR  
THE LAST 85 YEARS!

ORDER A LOBSTER ROLL,  
FISHERMAN'S PLATE OR THEIR  
FAMOUS CLAMBOX.  
INDOOR AND OUTDOOR  
DINING IS AVAILABLE.



SPACE IS LIMITED.  
CALL TO REGISTER 978-957-2611

**FRIDAY, AUGUST 22<sup>ND</sup> @ 9AM**

## "BREAKFAST CLUB" KEITH'S KITCHEN

ENJOY YOUR BREAKFAST  
AT THIS FRIENDLY, LOCALLY-OWNED  
ESTABLISHMENT.  
CHOOSE FROM EGGS, ANY STYLE,  
PANCAKES, FRENCH TOAST AND ALL  
THE FIXINGS

BUS DEPARTS AT 9AM  
MEET AT THE SENIOR CENTER  
NO PICK-UPS FOR THIS QUICK TRIP

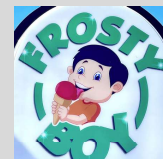


PLEASE CALL TO RESERVE YOUR SPOT  
978-957-2611

**WEDNESDAY, AUG 27 @ 11AM**

## ICE CREAM TRIP FROSTY BOY

OVER 50 FLAVORS OF HARD ICE  
CREAM, SHERBET, SOFT SERVE (5  
FLAVORS), FROZEN YOGURT (7  
FLAVORS), SUGAR FREE (3 FLAVORS)  
IN CONES OR CUPS.



SPACE IS LIMITED  
(NO PICK UPS FOR THIS TRIP)  
PLEASE CALL FOR RESERVATIONS:  
978-957-2611

### REMINDER: TRIP POLICIES

- Trips will be posted for one week on a first come, first serve basis to Dracut residents only. After (7) days any remaining spots will become available to the general population.
- A cancellation penalty will be instituted for anyone booking a trip and cancelling within 48 hours of the trip, three separate times in a calendar year. Those who cancel 3x in a calendar year will not be permitted to book any other trips for a period of 3 consecutive months.